

THE LAKE DISTRICT MOUNTAIN TRIAL ASSOCIATION

CONSTITUTION

The following Constitution was agreed and adopted at the A.G.M. held on 21st November 1975. The year end was changed from 30th September to 31st October at the A.G.M. held on 8th November 2002 and Articles 6 and 7 were amended accordingly and at the A.G.M. held on 21st November 2003, Article 11 was amended to accommodate the President as an ex-officio member of the Committee rather than as a full member.

- 1 NAME The Association shall be called THE LAKE DISTRICT MOUNTAIN TRIAL ASSOCIATION.
- 2 OBJECTS The objects of the association shall be the furtherance of the sport of Fell Running and Mountain Trials, Races, Tests of Endurance and similar amateur athletic events. The Association shall endeavour, in every way possible, to promote a safe enjoyment of the sport and to prevent disturbance to others who may seek either a quiet enjoyment or livelihood in the countryside.
- 3 MEMBERSHIP The Association shall consist of Honorary Life Members, Patrons, Ordinary Members and Affiliated Clubs and Associations. Honorary Life Vice-Presidents may be elected.
- 4 ACCEPTANCE OF MEMBERS Membership will be open to all applicants.
- 5 SUBSCRIPTIONS The subscription for membership shall be as may be agreed by any Annual General Meeting or Special General Meeting and shall be reviewed annually.
- 6 SUBSCRIPTION DATE All subscriptions shall become due on the first day of November in each year for the year ending 31st October then following.
- 7 RESIGNATION Any member wishing to resign must send written notice to the Secretary before 15th October in any current year or he/she will be considered a member for such current year.
- 8 OFFICERS The Officers of the Association shall be a President, Chairman, Treasurer, Membership Secretary and General Secretary.
- 9 COMMITTEE The entire management of the Association shall be by the Committee which shall consist of the Chairman, Treasurer, Membership Secretary, General Secretary and 10 other members. The Committee shall have the power to co-opt additional members and to delegate responsibility for individual events to specific Committee members.
- 10 ELECTION OF OFFICERS AND COMMITTEE MEMBERS At the Annual General Meeting Officers and Members of the Committee shall retire but shall be eligible for re-election. The names of candidates for Officers and Committee must be in the hands of the Secretary 7 days before an Annual General Meeting.
- 11 ELECTION OF THE PRESIDENT The President shall be elected annually at the Annual General Meeting and shall be an ex-officio member of the Committee.

- 12 ADOPTION OF LIFE VICE-PRESIDENTS Life Vice-Presidents will be adopted at any Annual General Meeting and will be ex-officio (non-voting) members of the Committee.
- 13 MEETINGS OF THE COMMITTEE The Committee shall meet at least twice a year. Notices of Committee Meetings shall be sent to Committee Members at least 7 days before a Meeting. A quorum shall consist of 6 members of the Committee.
- 14 REGULATIONS The Committee shall have power to make from time to time such regulations which are not inconsistent with the Constitution and which they deem to be for the well-being of the Association. These Regulations will be subject to review by any Special or Annual General Meeting.
- 15 ANNUAL GENERAL MEETING The Annual General Meeting of the Association shall be held in November of each year
- (a) to receive from the Committee a report, balance sheet and statement of accounts for the preceding financial year.
 - (b) to elect the President, Officers and Committee and to appoint an Auditor for the ensuing year.
 - (c) to decide on any resolution which may be submitted to the Meeting as hereinafter provided.
- 16 RESOLUTIONS Any Member desirous of moving any resolution at the Annual General Meeting shall give notice thereof, in writing, to the Secretary not less than 2 weeks before the date of such meeting.
- 17 SPECIAL GENERAL MEETING The Committee may at any time, for any special purpose, call a Special General Meeting or they shall do so forthwith upon the requisition, in writing, of any 10 fully paid-up members stating the purpose for which the Meeting is required.
- 18 THE CHAIR AND VOTING At all Annual General Meetings and Special General Meetings the President, or failing him/her, a member selected by the Meeting shall take the Chair. Every member present entitled to vote shall have one vote upon every motion and in the case of equality of votes the Chairman shall have a second or casting vote.
- 19 EXPULSION If, in the opinion of the Committee, the conduct of any Member of the Association is likely to prejudice the welfare or good order thereof it shall be in the Committee's power to expel such Member who thereupon shall forfeit his subscription and all rights to membership. Before such member is expelled the Secretary shall give him/her 7 days written notice to attend a Meeting of the Committee and shall inform him/her of the complaints made against him/her. No member shall be expelled without first having the opportunity of appearing before the Committee and answering complaints made against him/her, nor, unless at least two thirds of the Committee vote is in favour of his/her expulsion.
- 20 DISSOLUTION In the event of dissolution of the Association any assets thereof shall not be distributed among the membership.